

Intensive Short Term  
Dynamic Psychotherapy

**ISTDP**  
UK

## Intensive Short-Term Dynamic Psychotherapy In the Treatment of Personality Disorder

Kees LM Cornelissen, National Centre for Personality  
Problems "De Viersprong" ("Crossroads"), The Netherlands

**Friday 9 March 2012 9.00am - 4.30pm UNIVERSITY OF DERBY**

Intensive Short-Term Dynamic Psychotherapy (ISTDP) is a focal, structured psychological therapy with an evidence base across a range of mental health disorders. Specific applications have been developed for the treatment of complex mental health disorders including depression, anxiety, personality and somatic disorders.

During this conference participants will be introduced to the core concepts of ISTDP and how the model is used in the treatment of personality disorder. Video-taped illustrations will demonstrate the treatment process including the early and mid-stages of treatment, and evaluation of treatment at follow-up.

### **Kees L M Cornelissen, Soc.D.**

Kees L M Cornelissen, Soc.D, is a lead practitioner and researcher of ISTDP. He has developed and researched specialist applications of ISTDP in the treatment of personality disorder, including the development of a residential programme where ISTDP is applied in individual and group treatment.

The early bird rate will finish on  
Friday 17 February 2012.

For further details and to book a place please visit  
[www.derby.ac.uk/conferences/ISTDP](http://www.derby.ac.uk/conferences/ISTDP)

Full rate £145
Early Bird £120
ISTDP-UK £95
Student rate £95



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